INGREDIENTS FOR A HOMEMADE GINGER I

(balanced & sparkling)



3 empthetic ice cubes

They don't judge you. They're decit know.





1 small slice of gingember (optional)

You don't decide if you want a bit of spice today.



1 small lime sice cubes

You don't judge you.
They're here to know aut
a bit of spice
today.



150 ml of au sparkling water

Just enough bubbles to remind you you're alive bn not enough to start an inner tempete interior

1 tsp of honey (or agave syrup)

For the sweetness. Not to hide.

How to make some GINGER ALE at home

(or what you can do if you didn't auto-interrupt'd 12 times)

STEP 1

Add a fresh slice of ginger for the extra kick. Speak softly to it, for reassurance.

STEP 3

Add 1 tsp
of honey
(or agave syrup).

Mental sweetness
guarantee.

ETAPE 5

Rajoute the sparkling water.

Listen to the bubbles burst their

STEP 4

Don't stir too much. Fully enjoy this mor

this moment.

ETEP 6

Don't stir too a little. Full with the tring.



ETAPE 6

Don't stir too much. Fully enjoy this moment.



Note from Chef.e Bloomiz: if had stayed zen.