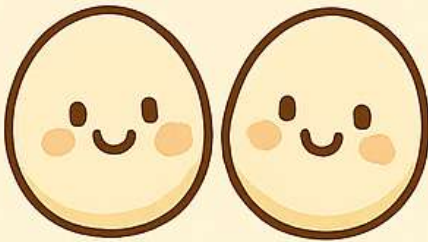


Ingredients for a peaceful morning

(with soft-crispy vibes)

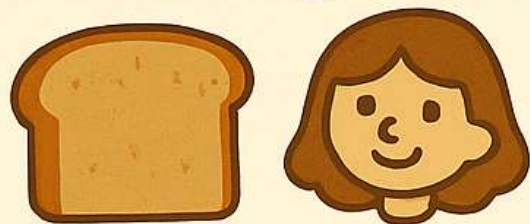


2 organic eggs



They just want to be gently whisked, not judged.

1 slice of whole or sourdough bread



Just enough for a pan. Not to drown your feelings.

Salt, pepper



Just enough for the pan. Not to drown your feelings.

Option bonus:



Fresh herbs – for that little “je-ne-sais-quoi” touch



Crumbled feta or soft cheese – if your heart says “creamier, please.”

Lemon warm water or herbal tea

Because coffee is not a requirement.



